



CAN I PARTICIPATE IN HOCKEY

I HAVE COVID-19 SYMPTOMS

COVID-19 SYMPTOMS¹

SECONDARY SYMPTOMS²

ISOLATE AT HOME

ISOLATE AT HOME

TESTED

NOT TESTED

POSITIVE COVID-19 AHS TEST

LEGALLY REQUIRED TO CONTINUE ISOLATING FOR 10 DAYS FROM START OF SYMPTOMS, OR UNTIL SYMPTOMS, RESOLVE, WHICHEVER IS LONGER

I HAVE BEEN CLEARED BY AHS

NEGATIVE COVID-19 AHS TEST

CONTINUE TO ISOLATE AT HOME UNTIL SYMPTOMS RESOLVE

NO LONGER HAVE SYMPTOMS

NOTIFIED BY AHS AS CLOSE CONTACT OF CONFIRMED COVID-19 CASE

LEGALLY REQUIRED TO ISOLATE FOR 14 DAYS

TESTED

NOT TESTED

POSITIVE COVID-19 AHS TEST

CONTINUE TO ISOLATE FOR 10 DAYS FROM START OF SYMPTOMS, OR UNTIL SYMPTOMS, RESOLVE, WHICHEVER IS LONGER

I HAVE BEEN CLEARED BY AHS

NEGATIVE COVID-19 AHS TEST

CONTINUE 14 DAY ISOLATION FROM EXPOSURE DATE

NO SYMPTOMS APPEAR

RETURNED TO CANADA

LEGALLY REQUIRED TO ISOLATE FOR 14 DAYS

SYMPTOMS

CONTINUE TO ISOLATE FOR 10 DAYS FROM START OF SYMPTOMS, OR UNTIL SYMPTOMS, RESOLVE, WHICHEVER IS LONGER

NO LONGER HAVE SYMPTOMS

NO SYMPTOMS FOR 14 DAYS

RETURN TO HOCKEY

HOCKEYALBERTA.CA

¹ COVID-19 SYMPTOMS
COUGH (NEW OR WORSENING), FEVER, SHORTNESS OF BREATH, RUNNY NOSE, SORE THROAT

² SECONDARY SYMPTOMS
CHILLS, PAINFUL SWALLOWING, STUFFY NOSE, HEADACHES, MUSCLE OR JOINT ACHES, FATIGUE OR SEVERE EXHAUSTION, LOSS OF SMELL OR TASTE, PINK EYE, GASTROINTESTINAL ISSUES

ALBERTA.CA/COVID19